



विद्या सर्वार्थ साधिका

ANANDALAYA
MID TERM
Class : XI

Subject : English Core
Date : 23/09/2019

M.M : 40
Time : 2 Hours

General Instructions:

1. This paper is divided into three sections: A, B and C.
2. All the sections are compulsory.
3. Separate instructions are given with each section and question, wherever necessary. Read these instructions very carefully and follow them faithfully.
4. Do not exceed the prescribed word limit while answering the questions.

SECTION- A (READING) 08 Marks

1. Read the passage given below :

1. In times of extreme pressure while some turn to anti depressants and other mood enhancers and some turn to alcohol and drugs, many turn to God. They seem to find solace in the abstract concept of spirituality and the absolute faith that they hold, relieves them from stress and improves mental health. Though this may sound absurd to many, it is a proven fact that the brains of believers and non believers work differently under stress. After years of research on the topic and numerous attempts at scientifically linking faith and mental health, THE AMERICAN JOURNAL OF PSYCHIATRY in 2012, published the results of a longitudinal study that sought to establish relationship between religiousness and the onset and course of major depression. The study found that in the 10 years of follow-up, subjects who both described religion as highly important and also affiliated themselves with a religion's denominations had a 76% less chance of experiencing an episode of major depression.

2. In a research led by Assistant Psychology Professor Michael Inzlicht, participants performed a Stroop task - a well-known test of cognitive control - while hooked up to electrodes that measured their brain activity. Compared to non-believers, the religious participants showed significantly less activity in the Anterior Cingulate Cortex (ACC), a portion of the brain that helps modify behaviour by signalling when attention and control are needed, usually as a result of some anxiety-producing event like making a mistake. "You could think of this part of the brain like a cortical alarm bell that rings when an individual has just made a mistake or experiences uncertainty," says lead author Inzlicht, who teaches and conducts research at the University of Toronto Scarborough.

3. "We found that religious people or even people who simply believe in the existence of God show significantly less brain activity in relation to their own errors. They're much less anxious and feel less stressed when they have made an error," the expert added.

4. Studies on the brains of religious people may also provide an explanation for the link between religion and mental-health benefits, said Dr. Andrew Newberg, a neuroscientist at Thomas Jefferson University and Hospital in Philadelphia. Studies suggest that meditation, and meditative prayer (such as prayer that repeats a particular phrase), activate areas of the brain involved in regulating emotional responses, including the frontal lobes, Newberg said. A 2010 study by Newberg and colleagues that included brain scans of Tibetan Buddhist and Franciscan nuns found that these long-term meditators had more activity in frontal-lobe areas such as the prefrontal cortex, compared with people who were not long-term meditators.
5. Strengthening these areas of the brain may help people be "calmer, less reactionary, better able to deal with stressors," Newberg said.
6. Psychologists believe that having belief and trust in god provides a sense of purpose to people helping them to release their stress by relying onto a higher power. Also, having faith means being part of a social system which is generally termed as "religion". Religion is believed to allow people to connect to something greater than themselves which helps them release control and being part of a community gives them emotional and moral support. When a person prays to God, he has an honest conversation with himself as well. He feels a sense of relief as he feels connected to a spirit which he believes will help him in times of need. To believers, prayer is not merely a spiritual exercise but a source of great comfort as it subconsciously tells them that they don't have to bear their burden alone and that their God will grant them power to face and defeat their troubles. Faith is misunderstood by many as it is considered synonymous to superstition and pretension. There is a need to redefine faith. Faith doesn't necessarily mean relying on an unidentified and unknown entity which is widely labelled as God, it also means having belief on your own abilities and having confidence on the good within yourself. If everyone was to have faith on their inner strength and virtue, wouldn't our world be a more beautiful place to live in?

Courtesy: Ms. Anushka M., Former Anandalaya student

(From one of her own collection of articles)

- (a) On the basis of your reading of the above passage, make notes on it using headings and sub-headings. Use recognizable abbreviations, wherever necessary (5)
- (b) Write a summary of the passage in not more than 80 words using the notes made and also suggest a suitable title. (3)

SECTION-B (WRITING AND GRAMMAR) 22 Marks

2. You are Raghupati Lal the Executive Manager of Metals & Minerals Corp. of India which needs suitable accommodation on rent to be used as a guesthouse. It should be located in a posh area near to the main market. Owners should be asked to contact the Executive Manager. Write an advertisement for the classified columns of a newspaper.

OR

(4)

Design an attractive and informative poster on the theme of road safety on the occasion of 'World Road safety week'. Take yourself as the Creative Director of Rotary Club of India.

3. You are Mridul/Mridula Joshi. You are much concerned about the craze for westernization among the youths of today. You are worried about the erosion of our culture and values. Write an article on this issue highlighting the need to preserve our age-old culture.

OR

(8)

Frugality and spirituality can control materialism among the youth and bring them to an understanding of true meaning of life. You are asked to deliver a speech on this topic in the morning assembly. Write the speech in 150-200 words. Take yourself as George/Greese D'souza of class 11.

4. Rearrange the following words and phrases to form a meaningful sentence. (2)

- i) not / children / below/ of/ the age /must / drive / eighteen years.
ii) protection / our / we/ must / helmets / wear / own / for.
iii) phones / must / used / not / mobile / be / driving / while.
iv) traffic police / making / efforts / is / to increase / on the roads / safety.

5. In the following passages, one word has been omitted in each line against which a blank space is given. Write the missing word along with the word that comes before and the word that comes after it. The first one is done for you as an example. (1/2x4=2)

	Before	Missing	After
self-help is very important. You need to be self-reliant and not depend others or wait for others to	depend	upon	Others
i) come to your rescue. danger, if we use our presence of mind we can surely reach safety.			
ii) Sometimes we have to face some difficult situations accidents, fires, etc. but, we only need to take			
iii) initiative to find ways to our safety. In short, though help is, our safety is our			
iv) responsibility and we should watch out for ourselves waiting for others.			

SECTION-C

(LITERATURE TEXTBOOKS AND SUPPLEMENTARY READING TEXT)

16 Marks

6. Read the extract given below and answer the questions that follow:

The whole tree trembles and thrills.

It is the engine of her family

She stokes it full, then flirts out to a branch-end

Showing her barred face identity mask

- (i) Which poetic device is used in the first line? (1)
(ii) Why does the laburnum tree seem to tremble? (1)
(iii) What does the image 'stokes it full' convey? (1)

- (iv) The mask for her identity is provided by..... (1)

OR

And forever, by day and night, I give back life to my own origin.

And make pure and beautify it.

*(For song, issuing from its birth place, after fulfilment, wandering Reck'd or unreck'd, duly
with love returns)*

- (i) How is the cyclic movement of rain brought out in the poem? (1)
(ii) What is the significance of the word "song" here? (1)
(iii) How does the rain benefit the earth? (1)
(iv) Why is the last line written in parenthesis? (1)

7. Answer any **three** of the following questions in 30-40 words.

- (i) How did archaeology change since Tutankhamun's mummy was discovered in 1921? (2)
(ii) "I knew you were going to leave before you knew it yourself." What does Mr. Koch, the mathematics teacher, mean by this? What light does this shed on the ideal teacher-student relation? (2)
(iii) Do you think that Ratna is a victim of the arranged marriage system? Give reasons. (2)
(iv) Justify the title "The Address". (2)

8. Answer any **one** of the following question in about 120-125 words

"We have not inherited this earth from our forefathers: we have borrowed it from our children." Discuss.

OR

What do more children mean to the poor section of people of India? How is population-explosion the biggest threat to the existence of the ailing earth? (6)